My beloved students of St. Paul’s C.M. College,

All of us are passing through a very hard time as COVID 19 has been declared as a pandemic by World Health Organisation (WHO) on 11.03.2020. The virus SARS-COV-2, responsible for COVID 19, was first detected on 30.12.2019 in Wuhan Jinyintong Hospital, Hubei Province of China. The disease, since its first detection in China has now spread over 213 countries/territories, with reports of local transmission happening in majority of these countries/territories. In India the number of infected persons is increasing day by day which is very alarming. Feeling the importance and urgency of the situation, the Government of West Bengal has closed all Educational Institutions with effect from March 16, 2020. By a recent order, the Government of West Bengal has decided to keep all the educational Institutes closed up to June 10, 2020. On 14.04.2020 the Honourable Prime Minster has declared a complete lockdown of the Country till 03.05.2020. The SARS-COV-2 virus has disrupted all the normal schedules of this country including your regular classes and examinations. It is not known to us when the normalcy will be restored. In this stalemate situation it is our primary responsibility to quarantine ourselves in our houses during the lockdown period for our own benefit as well as for the benefit of the society. Please take necessary measures following the guidelines of WHO and ICMR to combat with the spreading of COVID 19. You may go through the website of the Ministry of Health and Family Welfare (https://www.mohfw.gov.in/) and watch the video posted therein to learn management of stress and depression as well as the importance of physical fitness in this unforeseen situation. It is the time to nurture your hobbies like reading books, gardening, painting, singing or anything else. You are advised to spend quality time with your family members, take proper diet and exercise regularly to keep yourself fit. If you like to watch television, avoid seeing the news channels frequently as it may make you depressed or restless.

To progress the syllabus during this period, all the Departments have started online classes since end of March. They are providing you study materials either through e-mail or by whatsapp. In case of any difficulty regarding your study materials please feel free to contact the teachers of the respective departments. They are always ready to help you. For other emergency guidance, advice or support you may contact any one of the following persons:-

1. Prof. Debashish Mandal, 9331811509
2. Prof. Gautam Banerjee, 9433498999
3. Prof. Subhendu Kanjilal, 9830700955
4. Dr. Kamalesh Pandey, 9831986727
5. Dr. Sabyasachi Mahapatra, 9433121150
6. Dr. Amitava Sil, 9830089087
7. Prof. Mousumi Mukhopadhyay, 9433866594
8. Dr. Binita Ghose, 9007053320
9. Sri Debobrota Bor, 8910073239

May Almighty God bless you all and keep you in good health and inquisitive mind.

[Signature]

Teacher-in-charge
St. Paul’s Cathedral Mission College